

Autumn Menu

BREAKFAST

ALL DAY

Autumn Spiced Porridge GF 24

quinoa porridge made with cardamon-infused almond milk, topped with spiced poached pears, Greek yoghurt, roasted hazelnuts & macadamias plus a drizzle of honey

vegan coconut yoghurt. +2

peanut butter +2

Maple Bacon French Toast 27

brioche french toast loaded with crispy bacon, maple-marscapone, winter berry compote, roasted hazelnuts & macadamias, fresh berries & maple syrup

GF opt DF opt

Eggies on Toast 15

two free range eggs with wilted spinach on sourdough

eggs: poached, scrambled or fried

Brekky Burrito 24

grilled chorizo, scrambled egg, cheese, avocado, baby spinach and salsa roja toasted in a wrap topped with sour cream

gluten free toast or roll 2.5 vegan cheese 2.5 dairy free butter available on request

Avo Feta Smoosh 22

smashed mint & feta avocado on sourdough topped with roasted cherry tomatoes, balsamic glaze & house-made macademia dukkah

add two poached eggs. +4

Jones Beach Brekky 29

grilled chorizo, garlic herb mushies, sourdough, bacon, eggs your way, roasted tomato, wilted spinach & a hashbrown

eggs: poached, scrambled or fried

B & E Roll 13

bacon, fried egg and house-made smokey bbq sauce on a milk bun

STACKED Roll 26

B & E Roll loaded with avocado, halloumi, spinach, aioli & a hashbrown

SANDWICHES

The Reuban

18

pastrami on rye bread toasted with sauerkraut, cheese, pickles & traditional house-made remoulade sauce

Chicken Club

grilled chicken breast on sourdough toasted with bacon, avocado, lettuce & aioli

FRIES side 5 bowl 10

BOWLS

Green Goddess

26

GF DF

brown & wild black rice, grilled zucchini & squash, green beans, edamame, rocket, cranberries, flaked almonds, lemon olive oil & house-made Green Goddess dressing

Mother Earth

GF DF

tri-colour quinoa, roasted sweet potato & carrots, cucumber, baby spinach, parsley, pomegranate, toasted pepitas & sunflower seeds with house-made beetroot vinaigrette

PROTEIN: chicken 7 halloumi 5 avocado 5

Autumn Menu

BURGERS

with fries

Classic 22

house-made beef burger on a milk bun with lettuce, tomato, beetroot, onion & bbq sauce

The LOT 28

our Classic Burger loaded with bacon, egg & pineapple

American 26

house-made beef burger on a milk bun with cheese, spanish onion, pickles & our own signature Stacks Burger Sauce

Peri-Peri Chicken 24

char-grilled Portuguese chicken breast on a milk bun with avocado, lettuce, house-made peri-peri sauce & aioli

Southern Fried Chicken 24

crispy-coated fried chicken on a milk bun with house-made slaw, lettuce, aioli & a drizzle of honey sauce

Halloumi 22

grilled halloumi on a milk bun with baby spinach, house-made peach chutney, matchstick carrots & aioli

gluten free bun 2.5 vegan cheese 2.5

KIDDOS

Toast Spread 9

sourdough toast with your choice of spreads
butter, vegemite, peanut butter, strawberry jam

Mini B & E Roll 11

bacon & a fried egg on a milk bun with your choice of bbq or tommy sauce

Waffle 14

with vanilla icecream, strawberries & Nutella

Hotcakes 14

2 stack of pancakes with vanilla icecream, strawberries, banana & maple syrup

make it a 3 stack 17

Ham & Cheese Toastie 12

on sourdough

Chickie Nuggies 14

with fries & tommy sauce

Chicken Wrap 16

grilled chicken, lettuce, cheese & aioli in a soft white wrap served with fries

Cheeseburger & Fries 16

house-made beef burger with cheese & tommy sauce on a milk bun

gluten free toast or roll 2.5 vegan cheese 2.5 dairy free butter available on request